Feeling confused and alone after being sexually assaulted?

There are many steps a sexual assault survivor may take on the road to justice and healing. Taking those first steps can be hard, but there is help.

Available on your desktop, mobile phone, and even a landline.

Gather information. Explore options. Take action.

1-888-865-9863 | SeekThenSpeak.org

This project is supported by cooperative agreement number 2017-VF-GX-K024, awarded by the Office for Victims of Crime, Office of Justice Programs, U.S. Department of Justice. The opinions, findings, and conclusions or recommendations expressed in this product are those of the contributors and do not necessarily represent the official position or policies of the U.S. Department of Justice.